

PE Curriculum Statement

Intent

The national curriculum for PE aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

At Gorse Covert, we aim to offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in a broad range of sports and physical activities whilst exploring and improving their fundamental movement skills (agility, balance and coordination). Our curriculum is designed to develop the 'whole child', with the development of cognitive, social, personal and creative skills alongside the fundamental movement skills. We aim for pupils to become physically confident in a way which supports their health and fitness, developing the stamina to be physically active for sustained periods of time. We encourage our children to lead active and healthy lifestyles. We want PE to be a purposeful and enjoyable experience, and for children to have a positive attitude towards the subject.

PE in Early Years

Physical Development is a prime area of learning in the Early Years framework and this includes 'Moving and Handling' and 'Health and Self-care'. As a prime area, the children are encouraged to dress and look after their hygiene independently, as well as beginning to learn about the importance of exercise to stay healthy. The Moving and Handling section of the framework has a key focus on gross and fine motor skills to enable the children to thrive physically and this is developed further by continuous and enhanced provision opportunities available both indoors and outdoors.

Implementation

At Gorse Covert, we offer a rich PE curriculum which is underpinned by the development of the fundamental movement skills. These skills are practised and applied in a range of activities and sports throughout KS1 and KS2. For some areas of PE the children benefit from lessons with specialist sports coaches and community organisations. We use the Real PE scheme of work and supplement this with weekly 'sports' lessons, ensuring children receive two lessons of high quality PE a week. In lessons, children learn the rules of games and are taught to compete with fairness and respect through the teaching of skills and skill application. Appropriate competitive opportunities are offered to all pupils, ensuring no child gets left behind. Leadership skills are taught from an early age, so that children develop the necessary skills for

leading activities and games. Lessons are differentiated to meet the needs of all children. Children in year 3 and 4 receive a term's worth of swimming lessons. Children are taught the importance of leading an active and healthy lifestyle and how to achieve this.

Impact

Our curriculum inspires children to lead active and healthy lives. Children are keen to partake in extra-curricular activities and the ones who don't are quickly identified and encouraged to. Children in upper KS2 are confident to lead games and activities at break and lunch time and look forward to this. Our children are keen to compete. They do so whilst demonstrating excellent sportsmanship; winning with pride and losing with grace. They are keen to succeed and excel in a broad range of sports and physical activities. When children leave Gorse Covert, they are equipped with the skills and confidence to enable them to enjoy a lifelong healthy and active lifestyle.