

PSHE Curriculum Statement

Intent

Personal, Social and Health Education (PSHE) is a very important part of the broad and balanced curriculum we offer at Gorse Covert Primary. It teaches the important skills children need to develop strong and healthy relationships, how to keep themselves safe and healthy and about their role and responsibility in their local community and the wider world. It helps children to manage life's challenges and to make the most of opportunities. Through our teaching we promote self-reflection and an opportunity to talk in a safe and supportive environment.

There is evidence to show that quality PSHE can prevent future problems such as teenage pregnancy, substance misuse, unhealthy eating and poor mental health.

Implementation

Our PSHE curriculum covers the statutory Relationships and Health Education. We use the [PSHE Association](#) to support our planning. This covers:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe
- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy Eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body
- Living in the wider world (rights and responsibilities, taking care of the environment and money). *This part of the curriculum is non-statutory.*
- Sex Education (this is non-statutory and parents have the right to withdraw their child. See RSE policy for further information).

PSHE at Gorse Covert Primary is taught as a discrete subject but many elements are also taught incidentally and circumstances arise and in other subjects e.g bullying incident, road safety on school trips, healthy eating in Science.

Management of PSHE

Governors and the Headteacher will ensure:

- that Relationships and Health Education is taught.
- all pupils make progress in achieving the learning objectives of the PSHE curriculum
- the subject is well led and effectively managed and that standards and achievement in PSHE and the quality of the provision are subject to regular and effective self-evaluation
- teachers are aware of PSHE's contribution in developing important life skills
- clear information is provided for parents on the RSE curriculum and the right to withdraw

The Lifestyle Team will monitor and evaluate the PSHE curriculum.

Impact

Our long term plans for each year group set out what children should know at the end of each unit. These objectives form the 'milestones' that are set out in our assessment document. Teachers will make a professional judgement as to which milestone the children have reached at the end of the year.

By the time children leave our school we will assess whether children:

- Know how to stay safe online and how to report concerns or abuse
- Know what is appropriate and inappropriate behaviour and how they can get help and support
- Know how to keep themselves physically and mentally healthy and what effects poor health can have
- Have an understanding of equality and discrimination
- Can recognise what constitutes a healthy or unhealthy relationship
- Know how we can help protect our natural environment
- Know that everyone has human rights and there are laws to protect them
- Know that the world is diverse in terms of poverty and wealth and the impact they have

Assessment in PSHE will be done through making informal judgements through observation and discussion with the children and through the work they produce in PSHE lessons.