



Long Term Plan - Subject: PSHE

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1/2 Cycle A	Health and Wellbeing SEAL – New Beginnings	Health and Wellbeing SEAL – Say No To Bullying	SEAL – Relationships Diverse families	SEAL - Relationships	Living in the Wider World SEAL – Good To Be Me	Living in the Wider World SEAL – Good To Be Me Enterprise
Y1/2 Cycle B	Health and Wellbeing SEAL- Going for Goals	Health and Wellbeing SEAL – Say No To Bullying	Relationships - Friendship SEAL – Getting On and Falling Out	Relationships - Friendship Diverse families SEAL – Getting On and Falling Out	Living in the Wider World SEAL - Changes	Living in the Wider World SEAL – Changes Enterprise
Y3/4 Cycle A	Health and Wellbeing Drugs, alcohol and tobacco H&S SEAL -New Beginnings	Health and Wellbeing SEAL - Say No To Bullying	Relationships Discrimination and victimisation of minority groups.	Relationships Equality and tolerance of diverse groups	Living in the Wider World SEAL - Good To Be Me	Living in the Wider World SEAL - Good To Be Me Enterprise
Y3/4 Cycle B	Health and Wellbeing SEAL – Going for Goals	Health and Wellbeing(incl FGM) Say No To Bullying	Relationships SEAL – Getting On and Falling Out	Relationships SEAL - Getting on and Falling Out	Living in the Wider World SEAL - Changes	Living in the Wider World SEAL – Changes Enterprise
Y5	C1 – New Beginnings C2 – Going for Goals Both cycles – Health and Wellbeing(incl FGM)	C1 & 2 – Say No To Bullying	C1 – Relationships C2 – Getting On and Falling Out Both cycles – Relationships (PSHE expectations) Bikeability	C1 – Good To Be Me C2 – Changes Both cycles – Living in the Wider World Enterprise		
Y6	C1 - New Beginnings C2 - Going for Goals (incl FGM)	C1&2Say No To Bullying	C1 – Relationships C2 - Getting On and Falling Out Both cycles – Relationships (PSHE expectations)	C1 - Good To Be Me C2 – Changes Both cycles – Living in the Wider World Enterprise		



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